

Use the
POWER OF YOUR PURSE
to combat climate change



Save money : feel good : help save the planet
Dorking Climate Emergency

“If customers don’t buy it we don’t stock it,” said a supermarket manager.

SO DON'T BUY IT.

REFUSE

Flown-in fresh produce - flowers from Ethiopia, peas from Kenya, vegetables from Peru.

They're expensive and their carbon footprint is colossal.

REFUSE

All out-of-season fruit & veg. Hot-house grown, they're a disaster.

REFUSE

Over-packaged ready-meals.

REFUSE

Tetra-packs: they're a recycling nightmare.

REDUCE

Meat & dairy – or cut them out.

INSTEAD

EMBRACE

Home-produced food.

EMBRACE

Frozen (though not too closely... it's cold)

EMBRACE

Goat & sheep products – they produce less methane.

EMBRACE

Your liquidiser: make 'milk' from oats; make your own fruit squash.
Cut whole (washed) oranges / lemons into 8
(yes, keep on the peel, keep in the seeds), add sugar & water,
whoosh through liquidiser, strain through muslin and there it is!

More simple recipes and ideas to save your time and the planet from
<https://dorking-climate-emergency.net>

BECOME A STROPPY SHOPPER

!
YOU STROP THEY DROP
!
STROP FOR THE PLANET



Over-use of plastic in a shop? Lots of flown-in products?
Other things you object to?

SPEAK TO THE SHOP MANAGER.

Managers are polite: they have to listen and take notice of you.

You're a valued customer.

Go with a friend if you're worried.

Over-use of plastic? Ask to speak to the manager then politely remove the excess in front of her/him, explaining why.

Over-use of plastic in many areas? Take the manager on a guided tour.

You've REFUSED to buy something? Tell the manager why.

MORE IDEAS FOR STROPPY SHOPPING?

Tell us via :

Facebook – Dorking Climate Emergency

Twitter@dorkingclimate

Instagram@dorkingclimate

THE STROPPY SHOPPER is

Well-equipped and environmentally friendly with :

Fabric bags, re-usable mug and bottle of tap water

Cloth or paper bags for vegetables

Phone at the ready to photograph & put online good ideas & bad practices

A bit of spare time to be a bit stroppy

HE/SHE SUPPORTS

*Community Fridge at the Christian Centre by St Martin's Church
(save unwanted food from landfill)

*Dorking's Food Float each Friday & Sat on High St nr Barclays Bank
(all local produce: run by volunteers)

*Small local shops, cafes and businesses

*Shops with plastic-free alternatives eg:

Waitrose fish counter & deli (byo containers):

Lidl and Musette Cycle Café at Pump Corner, Dorking

(they have dispensers for some dry goods)

*Plastic-free shops: 'Fetch'em from the Cupboard' in Fetcham and Ashted.

GET DRASTIC ABOUT PLASTIC

AVOID PLASTIC WHEREVER AND WHENEVER YOU CAN.
IT'S CHOKING THE OCEANS AND EVERYTHING THAT LIVES IN THEM.

Rivers, canals and seas are hideously polluted with plastic waste.
5,000 items per sq. mile in parts of the UK. (Surfers against Sewage)



100,000 marine mammals & turtles + 1 million sea birds are killed by marine plastic pollution annually.

The Mariana Trench east of the Philippines is the deepest in the world. Divers saw plastic bags there.

100% of the creatures studied from there had plastic fibres in their digestive tracts.

<https://www.sas.org.uk/our-work/plastic-pollution/plastic-pollution-facts-figures/>

BE A STROPPY SHOPPER AND GET DRASTIC ABOUT PLASTIC

REFUSE

Heavily packaged ready-meals.

REFUSE

Anything in black plastic – it can't be recycled.

REFUSE

Bottled water. Filter your own tap water if you're worried.

REFUSE

Plastic cutlery. Carry your own.

REFUSE

Plastic straws: insist on paper or sip your drink.

REFUSE

Cling-film wrap. Use recyclable foil or greaseproof paper instead.

REFUSE

All plastic bags whatever the size.
Ever seen a turtle choking on one?

AVOID

Tea-bags: most contain micro-plastics.
Have a good brew-up using a tea pot and leaf tea.
<http://moralfibres.co.uk/is-there-plastic-in-your-tea/>

CUT DOWN on plastic bottles of shampoos and other toiletries.
Just for fun, count the number in your bathroom.
How many do you use?
Finish them off then go for soap.

GIVE UP CHEWING GUM. It's made of plastic.
Or use non-plastic Glee or Chewsy.

GO FOR NATURAL SPARKLE and don't use glitter.
It's pure micro-plastic.

For more info and useful tips look at our website:

<https://dorking-climate-emergency.net>





Dozens of wild horses dead from thirst near Alice Springs, Australia. 2018.

WHAT IS CLIMATE CHANGE?

‘It’s a large-scale long-term shift in the planet’s weather patterns and average temperatures. Since the Industrial Revolution atmospheric carbon dioxide has increased by over 40% to levels that are unprecedented in at least 800,000 years.’

(Met Office, UK: <https://www.metoffice.gov.uk/climate-guide/climate>)

This is having widespread and catastrophic effects on the planet and all who live on it. Reputable bodies like NASA and the UN are united on the reality and implications of climate change.

<https://climate.nasa.gov/scientific-consensus/>

www.un.org/sustainabledevelopment/climate-change-2

BBC IS NOW CALLING IT A CLIMATE CRISIS. WHAT DOES THAT MEAN?

*Food supply threatened by droughts, heatwaves and floods.

People and wildlife are dying.

Think Australia 2018. (see above picture)

*150+ per day species going extinct.

*Diseases spreading north as land masses heat up.

*Increase in range and severity of wildfires. (Ilkley Moor 2019)

*Toxic air with more pollution hotspots in towns and cities.

*Dying oceans as they become warmer and more acidic.

*Extinction of marine life including corals.

*Changes in long-established currents & weather patterns which create more violent hurricanes and cyclones.

*Rising sea-levels: Bangladesh, the Maldives, Florida, low-lying coastal areas and cities all over the world.

*Extreme and deadly weather events: from Jan – April 2019: Cyclone Idai in Southern Africa (500+ dead): Iran (62 dead): Papua New Guinea (80+ dead), Fani, India (30+ dead despite mass evacuation of millions).

MAKE A DIFFERENCE

RESIST

Skilled and subtle advertising pressure to buy 'stuff'.

RESIST

That urge for a new kitchen / another gadget etc.
Do you "need" it or "want" it? There's a difference.

CHANGE

Your search engine to eco-friendly ECOSIA.

CHANGE

Your buying habits: buy second-hand if you can.

REPAIR

Where possible use Dorking's splendid Repair Café.
1st Sat of every month at the Christian Centre for a small donation.

SHARE OR GIVE AWAY

Unwanted or under-used 'stuff'.

USE

Freecycle or other swap sites and social media for unwanted items.

THINK

Environment when you buy, whether it's a car
(consider electric or hybrid), washing machine or whatever.

CHECK

Your home insulation, wear more clothes when it's cold and
avoid air-con if possible.

DORKING CLIMATE EMERGENCY is a group of concerned residents who
are stepping up to face the climate crisis.

One of our aims is to inform people about the crisis and motivate them to
act in whatever way they can.

Check our website on <https://dorking-climate-emergency.net>



Don't hang back, join us!



FOUR MORE THINGS ANYONE CAN DO:

CHANGE YOUR ENERGY SUPPLIER to 100% renewable electricity.
Local charity Dorking Solar has reliable advice
<http://dorkingsolargroup.org/>

REDUCE YOUR MEAT AND DAIRY CONSUMPTION.
See our website for tips.

FLY LESS OFTEN.
Budget for a set number of hours per annum.
Avoid expensive weekend breaks.

JOIN A GROUP.
We'd love you to get in touch:
<https://dorking-climate-emergency.net>
or try Greenpeace / Surfers Against Sewage / Friends of the Earth
World Wildlife Trust ...
There's a group that needs you.

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